The S.A.F.E. Method Feedback Worksheet

Feedback For: By:

1. What do you SEE (*observation of fact*): _____

_____

2. How do you ANALYZE (*describe your understanding*): _____

_____

3. How does it make you FEEL (*explain the emotion*): _____

_____

4. EXPRESS your need (*suggest a path forward*): _____

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MILAN VEVERKA

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